

IT IS DRAUNTING

TO MAKE ART

ABOUT HOW

EXISTING MAKES

ME FEEL.

SENSITISED & SENTIMENTAL

MELISSA SPRATT

6 SEPTEMBER - 17 NOVEMBER 2024

In *SENSITISED & SENTIMENTAL*, regional artist Melissa Spratt explores her experience of being a Highly Sensitive Person (HSP), through a series of textile works. Using wool, a fibre which can both soothe and irritate, Spratt elucidates the experience of being an HSP by sharing short statements, and longer stream of consciousness style phrases, to convey the flood of emotions and thoughts she endures as a HSP.

A Tweed Regional Gallery initiative. An outcome of the PLATFORM program.



@create_originate



TWEED REGIONAL GALLERY
& MARGARET OLLEY ART CENTRE

I THOUGHT THAT

EVERYONE GOES

THROUGH LIFE

FEELING THIS

SENSITIVE...



Melissa Spratt

I AM SENSITIVE TO BRIGHT LIGHTS AND STRONG SMELLS. 2021
finger-knitted wool on canvas
60 x 85 cm

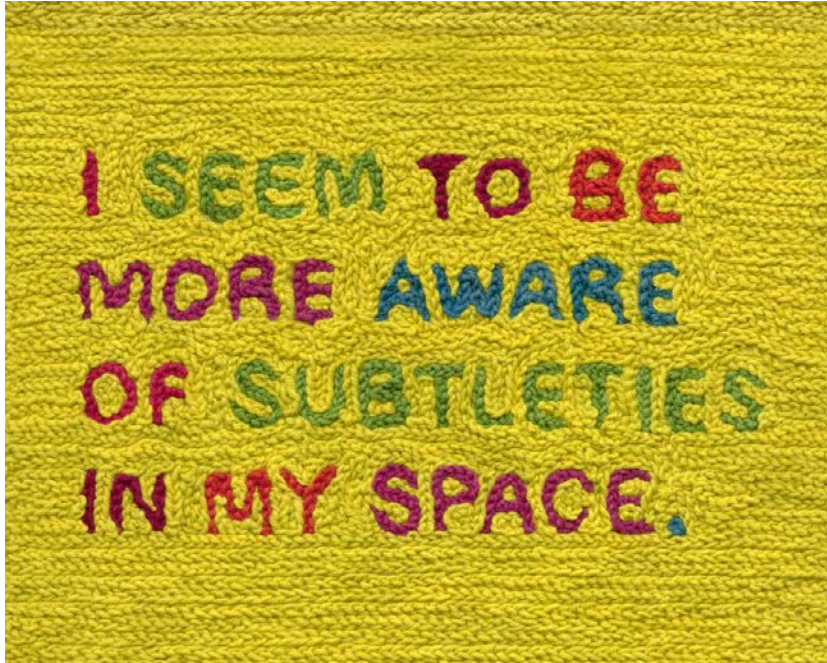
\$3,400.00



Melissa Spratt

MY NERVOUS SYSTEM CAN SOMETIMES FEEL OVERSTIMULATED. 2021
finger-knitted wool on canvas
60 x 85 cm

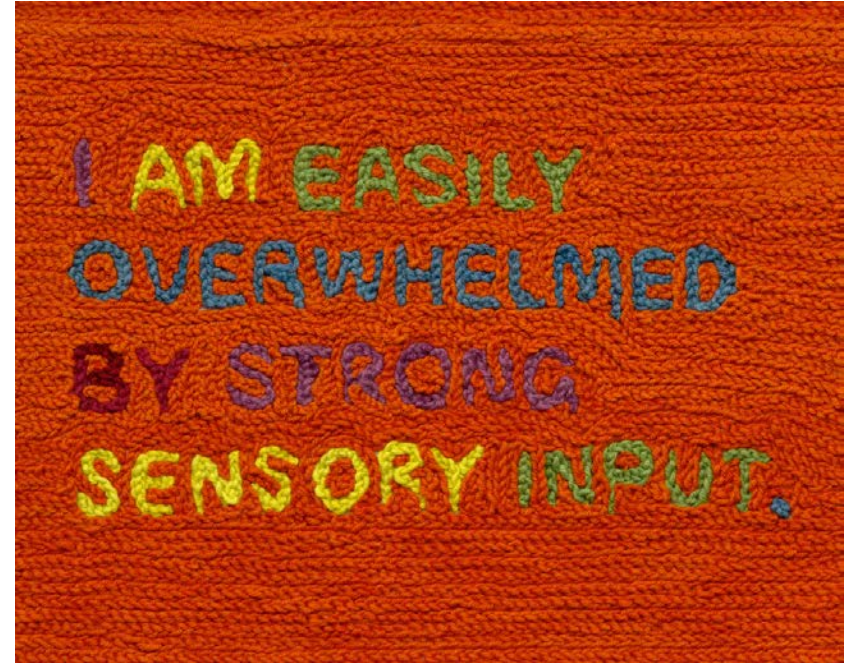
\$3,400.00



Melissa Spratt

I SEEM TO BE MORE AWARE OF SUBTLETIES IN MY SPACE. 2021
finger-knitted wool on canvas
60 x 85 cm

\$3,400.00



Melissa Spratt

I AM EASILY OVERWHELMED BY STRONG SENSORY INPUT. 2021
finger-knitted wool on canvas
60 x 85 cm

\$3,400.00



Melissa Spratt

I THINK DEEPLY AND HAVE A COMPLEX INNER LIFE. 2021

finger-knitted wool on canvas

30 x 40 cm

\$1,500.00



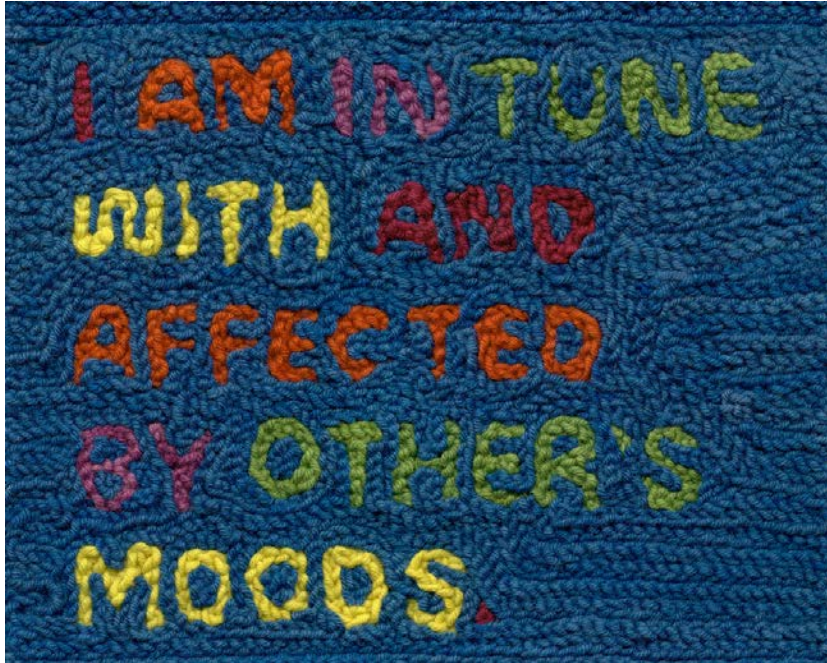
Melissa Spratt

I AM MADE UNCOMFORTABLE BY LOUD NOISES. 2021

finger-knitted wool on canvas

30 x 40 cm

\$1,500.00



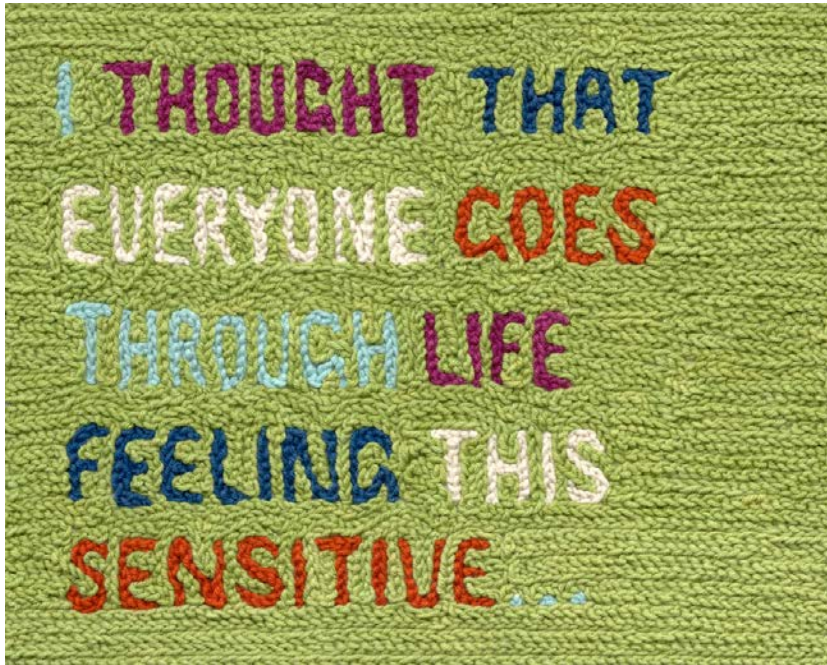
Melissa Spratt
I AM IN TUNE WITH AND AFFECTED BY OTHER'S MOODS. 2021
finger-knitted wool on canvas
30 x 40 cm

\$1,500.00



Melissa Spratt
I TEND TO BE VERY SENSITIVE TO PAIN. 2021
finger-knitted wool on canvas
30 x 40 cm

\$1,500.00

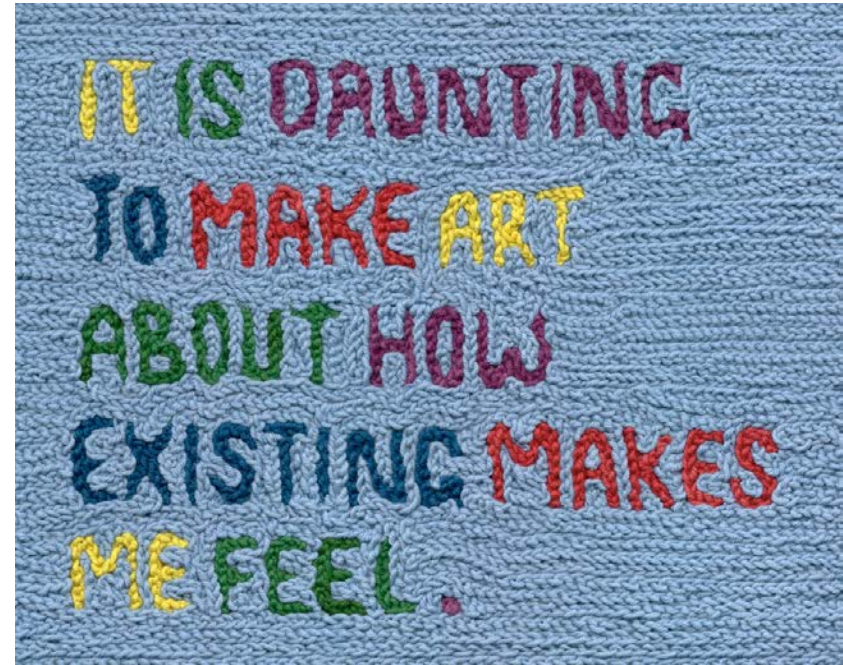


Melissa Spratt

I THOUGHT THAT EVERYONE GOES THROUGH LIFE FEELING THIS SENSITIVE... 2024

finger-knitted wool on canvas
60 x 76 cm

\$3,300.00

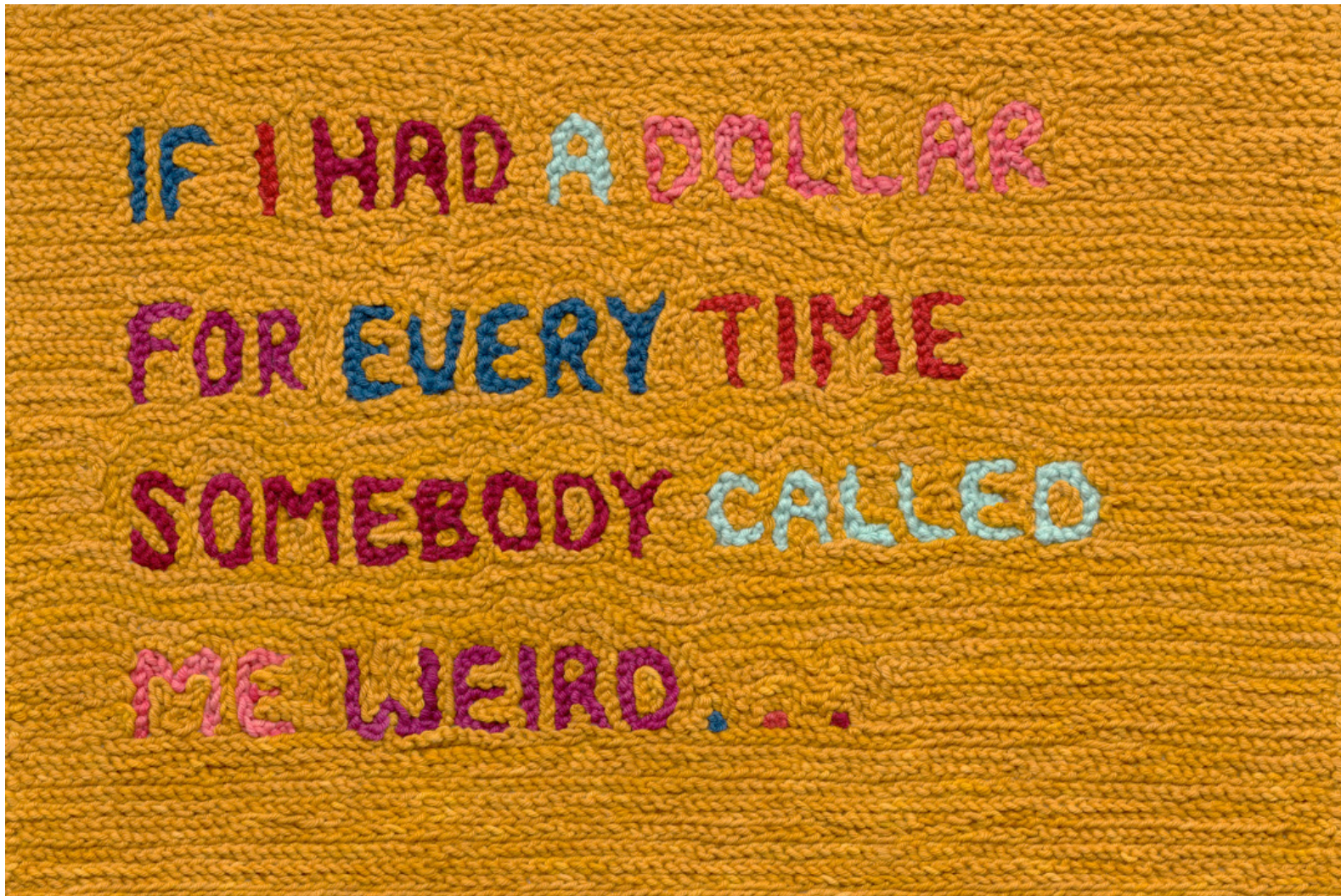


Melissa Spratt

IT IS DAUNTING TO MAKE ART ABOUT HOW EXISTING MAKES ME FEEL. 2024

finger-knitted wool on canvas
60 x 76 cm

\$3,300.00



Melissa Spratt

IF I HAD A DOLLAR FOR EVERY TIME SOMEBODY CALLED ME WEIRD ... 2024

finger-knitted wool on canvas

60 x 90 cm

NFS



Melissa Spratt
*I MAKE A POINT TO TRY AND AVOID
CONFRONTATION AND VIOLENCE.* 2021
finger-knitted wool on canvas
90 x 60 cm

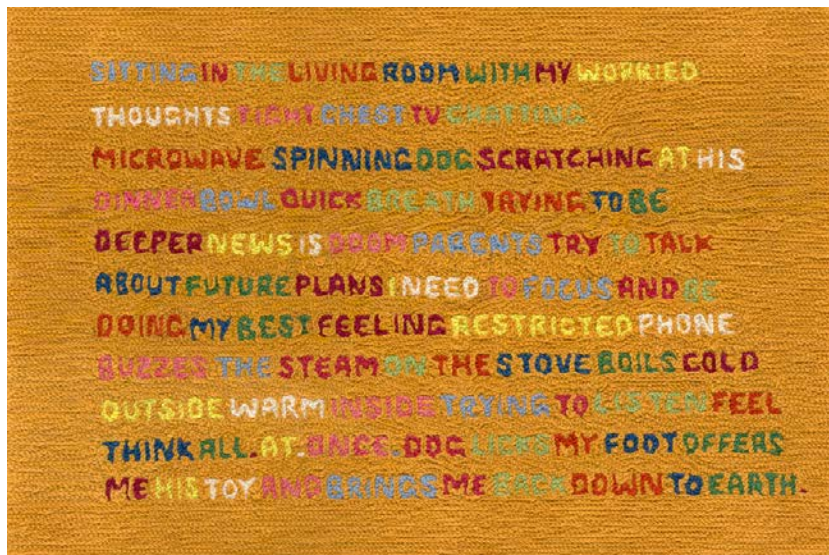
\$3,900.00



Melissa Spratt
*WHEN I FEEL OVERWHELMED I SEEK COMFORT FROM
FAMILIAR SCENTS AND SOFT SURFACES.* 2024
finger-knitted wool on canvas
90 x 60 cm

\$3,900.00

SITTING IN THE LIVING ROOM WITH MY WORRIED
THOUGHTS TIGHT CHEST TV CHATTING
MICROWAVE SPINNING DOG SCRATCHING AT HIS
DINNER BOWL QUICK BREATH TRYING TO BE
DEEPER NEWS IS DOOM PARENTS TRY TO TALK
ABOUT FUTURE PLANS I NEED TO FOCUS AND BE
DOING MY BEST FEELING RESTRICTED PHONE
BUZZES THE STEAM ON THE STOVE BOILS COLD
OUTSIDE WARM INSIDE TRYING TO LISTEN FEEL
THINK ALL AT ONCE DOG LICKS MY FOOT OFFERS
ME HIS TOY AND BRINGS ME BACK DOWN TO EARTH.



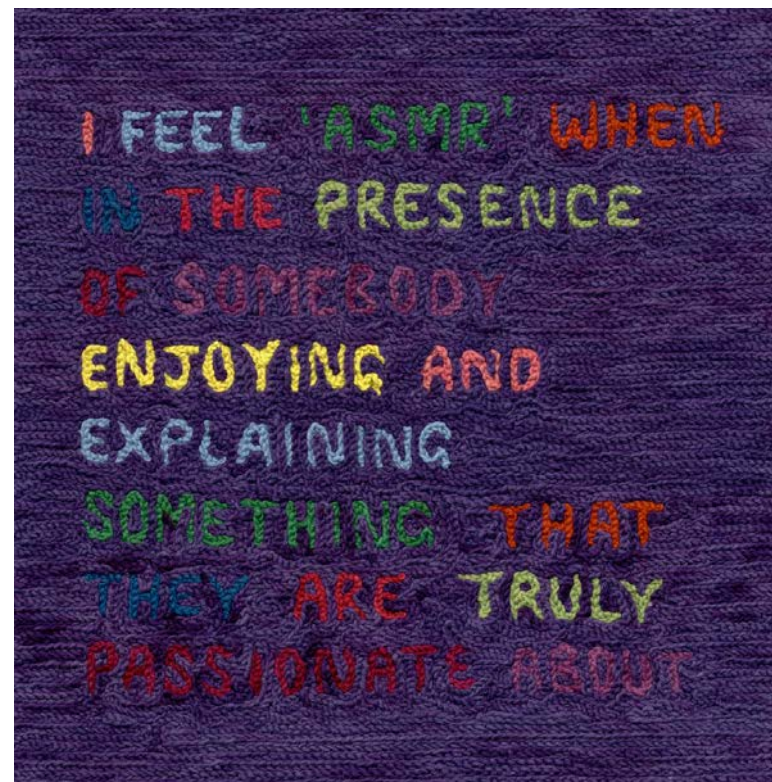
Melissa Spratt

STREAM OF CONSCIOUSNESS. 2024

finger-knitted wool on canvas

120 x 180 cm

\$8,900.00



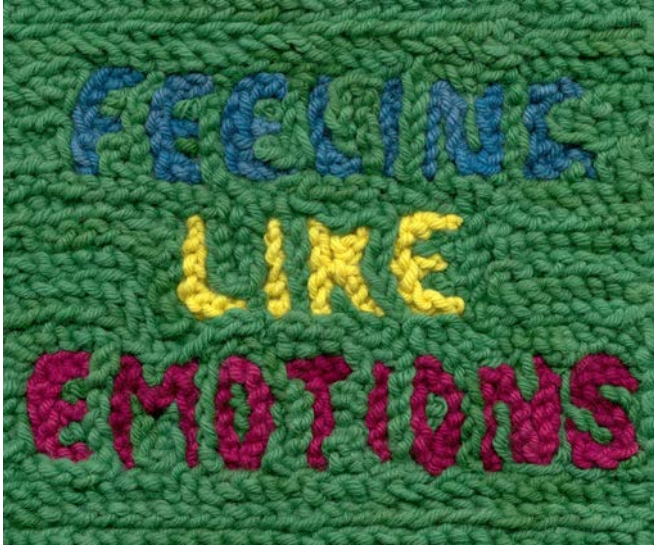
Melissa Spratt

I FEEL 'ASMR' WHEN IN THE PRESENCE OF SOMEBODY ENJOYING AND EXPLAINING SOMETHING THAT THEY ARE TRULY PASSIONATE ABOUT 2024

finger-knitted wool on canvas

101 x 101 cm

\$5,900.00



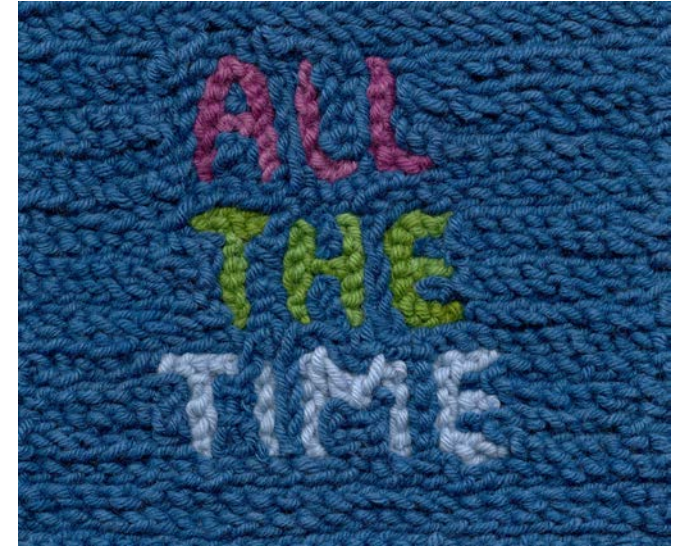
Melissa Spratt
FEELING LIKE EMOTIONS 2024
finger-knitted wool on canvas
25 x 30 cm

\$1,000.00



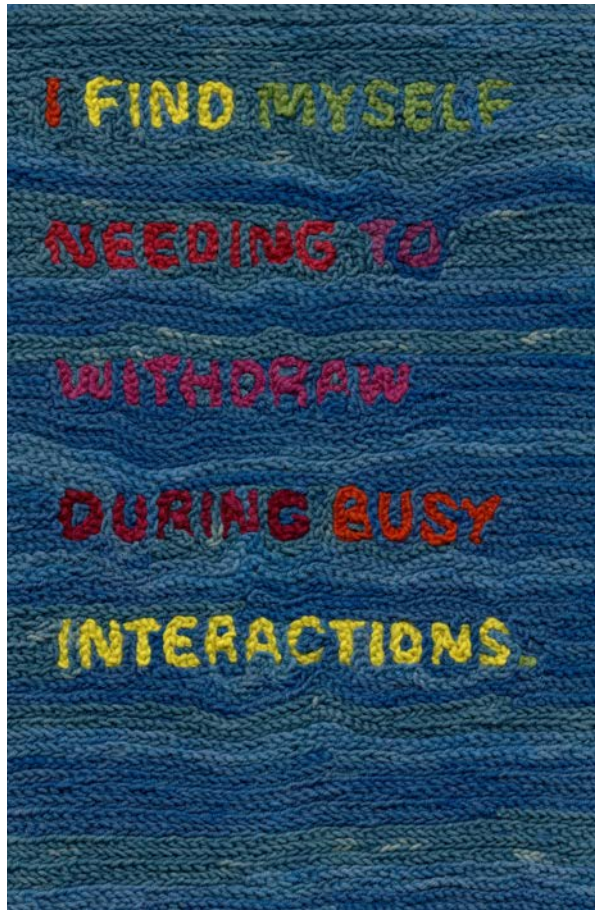
Melissa Spratt
ARE SET ON HIGH 2024
finger-knitted wool on canvas
25 x 30 cm

\$1,000.00



Melissa Spratt
ALL THE TIME 2024
finger-knitted wool on canvas
25 x 30 cm

\$1,000.00w



Melissa Spratt
I FIND MYSELF NEEDING TO WITHDRAW DURING BUSY INTERACTIONS. 2021
finger-knitted wool on canvas
90 x 60 cm

\$3,900.00



Melissa Spratt
I DIDN'T KNOW IT WOULD FEEL LIKE THIS, UNTIL I FELT IT. 2024
finger-knitted wool on canvas
60 x 60 cm

\$3,200.00



Melissa Spratt is a textile artist who lives and works on the Gold Coast. Melissa studied at Queensland College of Art in a Bachelor of Digital Media Honours, Fine Art. Spratt has worked with various mediums including painting, photography, drawing and printmaking, but has found most enjoyment in sculpture and installation. Exploring textile and surface design elements, she works closely with yarn-making techniques, where she is most known for her finger-knitted artworks.

Spratt has won and been a finalist in numerous awards and prizes including the 2022 Wollumbin Art Award and BAM Art Prize. She facilitates workshops for festivals, libraries and schools. Spratt was the 2018 invited Artist in Residence (AiR) at The Walls Art Space in Miami, where she had a solo exhibition. In 2019 she was the AiR at 11th Ave Creative in Palm Beach and was the first AiR at Relative Creative, where she collaborated on work for 'Gold Coast City Futures Forum'. She has recently completed a short AiR 'Incubate' program with Placemakers* Gold Coast 2024 and has been part of the Generate GC cohort 23/24.

SENSITISED & SENTIMENTAL

MELISSA SPRATT

6 SEPTEMBER - 17 NOVEMBER 2024

The works in this exhibition are available for purchase.
For all enquiries, please visit or contact our Gallery Shop

(02) 6670 2179 | galleryshop@tweed.nsw.gov.au

 **TWEED REGIONAL GALLERY
& MARGARET OLLEY ART CENTRE**

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Gallery Open Wednesday to Sunday | 10am - 4pm

